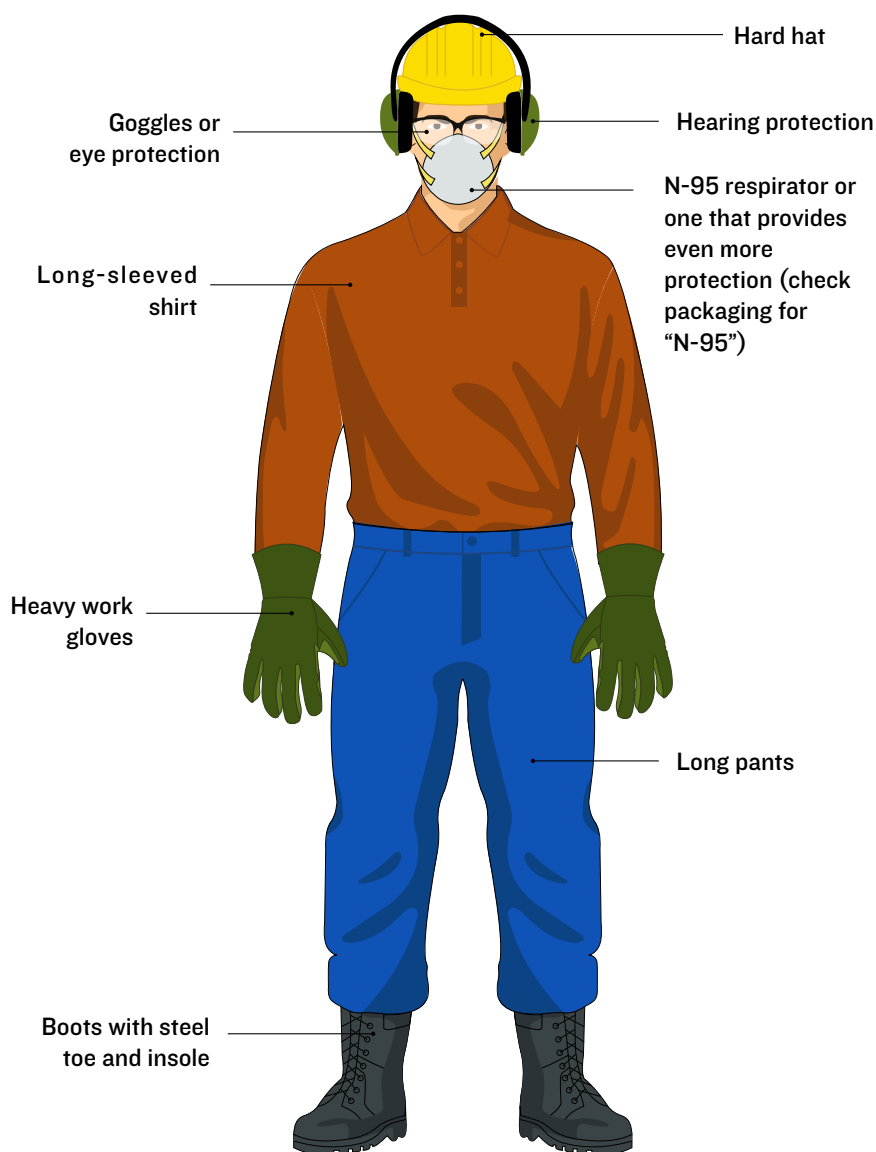


# WHAT TO WEAR

## WHEN CLEANING UP DEBRIS AND HOUSEHOLD WASTE AFTER A DISASTER



### CAUTION!

- Protect wounds and cuts with waterproof bandage.
- Avoid heat stress by taking frequent breaks and drinking safe water.
- Cleaning up sewage? Wear rubber boots, rubber gloves, and goggles.
- Be aware of your surroundings-avoid electrical lines, insects, wild or stray animals, and long periods under the sun.
- Wash your hands with soap and water before eating. If water is not available, use hand sanitizer (containing at least 60% alcohol).