



Preferred Chiropractic of Shields

Chiropractic care, massage therapy...this “Featured Business” offers that and more. Preferred Chiropractic of Shields (formerly Shields Chiropractic) is located at 7261 Gratiot Road and has been in Thomas Township since 2001.

Dr. Michael Dense became the clinic director in 2009 and along with Dr. Jason Barrigar, who joined the staff in 2011 as an associate doctor, offer professional relief from all types of musculoskeletal problems to headaches. Treatment is performed on those of all ages from three (3) days old to ninety-one (91) years. Athletes and non athletes alike can benefit from the chiropractic care and massage therapy they provide.

Preferred also offer Biofreeze topical analgesic pain relievers, Chiroflow water pillows, custom fit orthotics, as well as nutritional supplementation that includes the twenty-one (21) day purification and weight loss plan. They also utilize a decompression chiropractic technique, Flexion/Distracton, which is for the lower back.

In addition to Dr. Dense and Dr. Barrigar, the office has five (5) massage therapists and three (3) full-time staff members. Their hours are Monday, Wednesday and Friday 11:00 am-12:30 pm; then 3:00 pm until 6:00 pm. Tuesday and Thursday from 3:00 pm until 6:00 pm and Saturday from 10:00 am until 12 noon. Massage is offered by appointment only.

To contact Preferred Chiropractic call (989) 781-7700

